



Supporting our  
Wounded Warriors and  
their families

## CHRISTMAS WISH LIST

### #1 – STUFF A STOCKING FOR A WOUNDED WARRIOR!

Bring cheer to our Wounded Warriors at Christmas by donating gifts, gadgets, and goodies!

Hand held games	Christmas candy
Music CDs	Fudge
Sports X-Box Games	Popcorn
Disposable camera	Nuts
Note cards	Fruit – fresh/dehydrated
Postage stamps	Phone card
Shower gel/Fragrant bath oil beads	DVDs
Shaving gel	Christmas decorations
Good razor (men/women)	Canned fruit or pudding cups
Restaurant certificates	Movie certificate



*Please deliver stocking-stuffer donations to drop off locations by **Nov. 24**. We do not need any stockings. We need the items on the list. Our Christmas Stockings are handmade by Project Linus in Everett. For locations, or to make online donations, visit [www.heartbeatforwarriors.org](http://www.heartbeatforwarriors.org).*

*Gift cards and monetary donations may be mailed to  
Heartbeat, P.O. Box 704, Snohomish, WA 98291.*

*Thank You!*

### #2 – GIFT CARDS FOR GROCERISES (THANKSGIVING/CHRISTMAS)

### #3 – MONETARY DONATIONS

**#4 – SHOP ONLINE – Go to [www.heartbeatforwarriors.org](http://www.heartbeatforwarriors.org) where you will find a link to Dollar Days and our list. You can shop online, get a tax receipt and all the items will be shipped to our head quarters.**

*The holidays are a difficult and lonely time for Wounded Warriors and their families when they have a loved one far away.*

A gift card for groceries (Safeway, Wal-Mart) allows a military family to purchase their favorite items so they can enjoy their holiday traditions, bringing comfort that they are not alone. It will send a huge message of comfort to the Wounded Warriors and their families too!

**Please help us tell these families how much we care and appreciate their sacrifice!**

**"At Heartbeat, we provide emergency assistance, morale building, and innovative therapeutic services for wounded warriors and their families." Heartbeat is a 501c3 Non-Profit.**