



ARC KITS

(Assignment Recovery & Comfort)

Heartbeat Serving Wounded Warriors needs your HELP!

Heartbeat has an **'URGENT'** need for "ARC" kits supplies for the wounded warriors. These back packs (ARC Kits) furnish our warriors much needed supplies when they come home. The soldiers have to leave all of their clothes, etc on the battlefield so their wounds can be attended to.

The number of wounded warriors arriving home is increasing daily. Please show your support by donating **"NEW"** items today!

1 - Buy listed items and take them to any of our drop off locations listed on our website

2 - Shop online at <https://www.dollardays.com/heartbeatservingwoundedwarriorsarc/wishlist.html>

Get a tax receipt and all the items will be shipped to our head quarters.

3 - Monetary Donations (on our website or mail to address below

Robe (one size fits all; Navy, black, white)

Wash cloths

Male Underwear (M, LG, XLG) * **urgent**

Male undershirts (M, LG, XLG) * **urgent**

Socks (pkg of 4)

Chap Stick

Finger Nail clippers or sets * **urgent**

Note Cards (Thank you, Get well, or blank)

Children's homemade "Get Well" Cards * **urgent**

urgent

Phone Cards

Postage Stamps

Puzzle books* **urgent**

Toothpaste (expiration date beyond 6/2011)

Mouthwash (expiration date beyond 6/2011) * **urgent**

Shampoo – unisex * **urgent**

Dental Floss

Combs (male)

Disposable Razors - male

Deodorant (male)

Lotion -unisex * **urgent**

Shaving cream or gel – male * **urgent**

Shower shoes/slippers – male (size 7-13) * **urgent**

For more information regarding ARC Kits, please contact Theresa Roberts
@ 253-279-4001 or Email @ terrie36@hotmail.com

Please visit us @ www.heartbeatforwarriors.org.
Gift cards and monetary donations may be mailed to
Heartbeat, P.O. Box 704, Snohomish, WA 98291.
Or you may call Janice Buckley @ 425-931-1047

"At Heartbeat, we provide emergency assistance, morale building, and innovative therapeutic services for wounded warriors and their families." Heartbeat is a 501c3 Non-Profit.